



SAVOURIES

Squash, hazelnut and apple tartlet

Seabeet and nettle crisp

VEGAN AFTERNOON TEA



SWEETS

Dark chocolate and hazelnut brownie

Tregothnan black tea and fig tart

And to finish

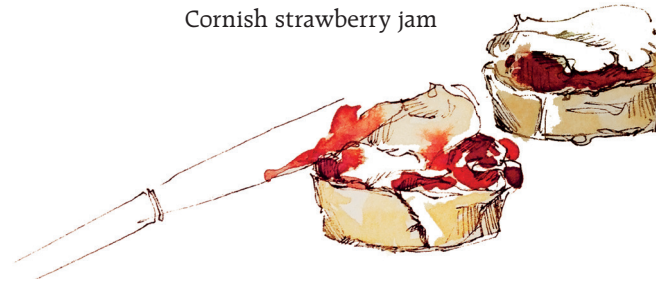
Sour blackberry and cinnamon chiffon

SCONES

House-baked scones

Vegan cream

Cornish strawberry jam



SANDWICHES

Grilled leek and nettle salsa

Roasted squash and tarragon aioli

Watercress and cream cheese

Wild mushroom and thyme

TREGOTHNAN TEA



The first tea gardens in the UK, located at the tidal head of the Tresillian River.

Afternoon Tea
Delicate, light, aromatic

Classic English Breakfast
Rich, malty, smooth

Earl Grey
Floral, subtle, citrus

Peppermint
Fresh, invigorating, aromatic

Oak Smoked
Robust, smoky, rich

Red Berry Infusion
Vibrant, fruity, floral

Lemon Verbena
Refreshing, fragrant, citrus

Green Tea
Earthy, smooth, refreshing

AFTERNOON TEA

£32.50 per person

Celebrate with our sparkling wine

Polgoon 2020 Seyval
£10 per glass / £60 per bottle



Please inform your server if you have a food allergy or intolerance.
Non-gluten options available on request.



BEVERAGES

COFFEE & HOT CHOCOLATE

Made with Origin Coffee, from Porthleven

Americano £3.95

Cappuccino £4.25

Latte £4.25

Flat White £3.95

Mocha £4.50

Iced Latte £4.25

Espresso/Double Espresso £3.40/£3.70

Hot Chocolate £4.95

Topped with fresh whipped cream,
marshmallows and chocolate flakes

Babyccino £2

SOFT DRINKS

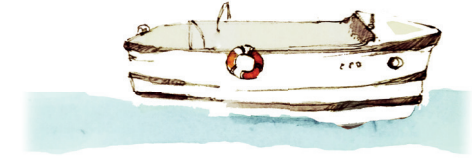
Polgoon Apple Juice £4.50

Polgoon Elderflower £4.50

Polgoon Cloudy Lemonade £4.50

Karma Cola £4.50

Luscombe Cool Ginger Beer £4.50



GINS

Choose from our selection of local hand-crafted
gins, served with Cornish tonic, Navas

Caspyn, Pocketful of Stones £9

Rhubarb and Raspberry, Tarquins £9

Dandelion and Burdock, Pocketful of Stones £9

Pentire Seaward 0% and Navas Tonic £7



BEERS & CIDERS

Polgoon Apple Cider £6.95

Verdant Lightbulb Pale Ale £6.95

Verdant Helles Lager £6.95

Lucky Saint 0.5% Lager £5.95

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THE
HARBOUR LOFT

